

SEVENTH GRADE ENGLISH PRACTICE N° 1

In order to complete this practice, you should use a dictionary:
[\(https://dictionary.cambridge.org/es/diccionario/ingles-espanol/\)](https://dictionary.cambridge.org/es/diccionario/ingles-espanol/)

DAILY ACTIVITIES



Question: *Do you have an interesting daily routine – or a boring daily routine?*

- Complete the paragraph on the right with the words on the left.



My Daily Routine

Some of my friends think I have a boring daily routine, but I like it. I usually (1) _____ at about 6:00 or 6:30 in the morning, after my alarm clock wakes me up. First, I brush my teeth, and shave, and wash my face. Then, I (2) _____ and go downstairs to (3) _____ breakfast with my family. I always have coffee, cereal, and lots of fruit. That's me in the picture with my wife. I (4) _____ to work because I don't like to drive, and I always (5) _____ at my office before 8:00. I'm never late for work. Five o'clock is my favorite time of the day because I finish work and (6) _____ and see my wife and two children again. We eat dinner together in our dining room at around 6:00, and after that I (7) _____ with my wife and kids at home. We really (8) _____ watching our favorite TV programs together, but two or three times a week I (9) _____ in the evening, so I can stay strong and healthy. This is very important! Finally, at about 9:30, I (10) _____, read for a while, and then (11) _____. Sure, some people think my daily routine is a little boring – but on weekends and holidays I love to (12) _____ airplanes for fun!

- A** arrive v.
- D** do exercise v.
- E** enjoy
- F** fall asleep v.
- fly v.
- G** get dressed v.
- get up v.
- go to bed v.
- go home v.
- H** hang out v.
- have v.
- T** take a bus v.



Vocabulary Practice

- Match the words on the left with the meanings on the right.

- | | | |
|----------------|----------|---|
| 1. arrive | <u>E</u> | A. to put clothes on |
| 2. enjoy | _____ | B. to like |
| 3. for a while | _____ | C. the same way of always doing something |
| 4. get dressed | _____ | D. to be at some place and rest in your free time |
| 5. hang out | _____ | E. to come to a place after traveling |
| 6. kids | _____ | F. children |
| 7. routine | _____ | G. for a period of time |
| 8. shave | _____ | H. to cut off the hair that grows on the face |

How Much Do You Understand?

- Write 'T' (True) or 'F' (False) next to each statement.

1. T The paragraph describes what the man usually does.
2. _____ He usually gets up very early.
3. _____ Sometimes he has tea with his cereal and fruit.
4. _____ He gets to work by taxi.
5. _____ He likes to spend time with his family.
6. _____ He has an exciting hobby.

Writing practice

Write about your own daily routine, from the time you wake up in the morning until the time you fall asleep at night.
